

After healing

God's healing is completely perfect in contrast to other means of healing by observing following conditions.

In his illness you restore him to full health. (Psalm 41:3)

God remains the strength of my heart; he is mine forever. (Psalm 73:26)

1) Thanksgiving - Ten Lepers – (Luke 17:11-19)

Ten healed but only one came back for thanksgiving – *One of them, when he saw he was healed, came back, praising God in a loud voice.* (Luke 17:15)

In a convention a woman got healing by faith (although not yet) but started thanksgiving – half way to home she got healed. God created us for His praise (Isaiah 43:21). Then how much more after healing!

2) Going to Church/Looking Jesus – Sick man healed after 38 years and went to Church - *Later Jesus found him at the temple.* (John 5:14)

After healing fellowship in church makes coming to Jesus more closely. Get encouragement & more prayers.

3) Physiotherapy – “*He who made me well said to me, ‘Take up your bed and walk.’*” (John 5:11)

After healing/surgery usually doctors advise few exercises to maintain health.

In some Western countries a patient cannot be discharged from hospital without permission of physiotherapy team. Also physical exercise is must. In Gospels/Acts many examples of walking Jesus/Paul.

4) Eating proper food – 12 years old girl arose and started walking. *He (Jesus) told them to give her something to eat.* (Mark 5:42-43). *Afterward he (Paul) ate some food and regained his strength.* (Acts 9:19)

Eating hygienic and clean food is good as doctors always advise to eat balanced or healthy diet. Not overeating!

5) Be Careful-not to sin again – *Jesus said to him, “See, you are well again. Stop sinning or something worse may happen to you.”* (John 5:14). *When an unclean spirit leaves a person, it wanders... Then it says, ‘I’ll go back to the house I left.’ ... it finds the place vacant. Then it goes and brings with it seven other spirits more evil than itself. They go in and make their home there. That person is worse off at the end than at the beginning.* (Matthew 12:43-45)

When God heals, we should throw away bad habits and try to adopt good works. Don't look back to Egypt.

5) Witnessing your healing - A woman healed (Luke 8: 43-48)

In the presence of all the people, she told why she had touched him and how she had been instantly healed. (Luke 8:47)

After healing try to strengthen your faith by sharing with others. *They overcame him by the blood of the Lamb and by their testimony.* (Revelation 12:11)

6) Changing environment – Blind man healed (Mark 8:22-26)

Jesus sent him home and said, “Do not go back into the village.” (Mark 8:26)

Saul was after David to kill him but in the company of the prophets he also prophesied. (1 Samuel 19:20-24)

Whenever the tormenting spirit from God troubled Saul, David would play the harp. Then Saul would feel better, and the tormenting spirit would go away. (1 Samuel 16:23)

Good surroundings/climate helps to maintain health after healing. Listening Church choir songs/music is bonus!

7) Maintaining faith - Peter walks on water –

Peter having descended from the boat, walked upon the water and came to Jesus. But when he saw the wind, he was afraid and, beginning to sink. (Matthew 14:29-30)

Once Saint Sadhu Sundar Singh was sleeping, in the morning when he woke up he saw a snake was on his mat. Suddenly he feared with panic but the next moment he thought that for whole night that snake didn't harm him then why should I panic now! Similarly usually we forgot God's great healing power and loose our heart/faith.

You asked and God healed you – why? Not for living same life but to follow Jesus. Do not say effects of my disease came back! Once Jesus heals we should maintain that and be of strong faith.

He has delivered us from such a deadly danger, and he will deliver us again. On him we have set our hope that he will continue to deliver us. (2 Corinthians 1:10)

Jesus asked ...Simon Peter answered Him, “Lord, to whom shall we go? You have words of eternal life.” (John 6:67-68)