## **Recovery from disease**

**Jesus** heals every disease - *Jesus ...healed every kind of disease and illness.* (Matthew 9:35)

You or on behalf you, some God's minister, <u>rebuke</u> the disease in the name of Jesus and it will go out.(Luke 4:39) Plan of God and plan of Satan

May your spirit and soul and body be preserved entire. (1 Thessalonians 5:23)

God wants that our spirit, soul and body remain strong but Satan wants that spirit, soul and body remain weak.

Root Cause of disease may be due to our sins (inherited or our own) or sometime from Satan

If you do not obey the LORD your God and do not carefully follow all his commands; The LORD will strike you with infectious disease, with fever and inflammation,... (Deuteronomy 28:15,22)

Two kinds: *healings*; *miracles* (1Corinthians 12:9-10)

- 1) Miracle-(usually immediate) At that very time, Jesus cured many people of their diseases, illnesses. (Luke 7:21)
- i) Getting healing power healing power went out from him (Jesus), and he healed everyone (Luke 6:19)
- ii) Through God's servant (like Kathryn Kuhlman, Sister Alice)
- 2) Healing (usually takes some time minutes, hours, weeks or so) <u>depends worldly or Godly surroundings!</u> Feels in body -<u>check</u> decreasing not increasing as millions of disease germs start to die.

Recovery-a) time – e.g. 7 days - Marium – (Numbers 12:11-14); sustains/restore on sickbed (Psalm 41:3) Wait - they who wait for the Lord shall renew their strength. (Isaiah 40:31)

At the right time, God will provide your need. My times are in Your hands. (Psalm 31:15)

- b) food He (Jesus) took her by the hand...Immediately the girl stood up...and told them to give her something to <u>eat</u>. (Mark 5:41-43)
- c) proper diet put a knife to your throat if you are given to gluttony. (Proverbs 23:2)
- d) Physical therapy Jesus said to him, "Get up; pick up your pallet and walk." (John 5:8)
- e) After healing-maintain-When unclean spirit gone..find him empty..comes back.. he becomes worst (Matt 12:43-45)

## Types of healing

- i) First confession then healing Jesus always made patient (or concerning person) first to confess then he healed.
- ii) Answer of prayers, not automatically but with prayers of some person/s along with accumulated prayers, like church, relatives, ministers, etc.
- iii) From God's servant *Is anyone sick? Let them call the elders...faith will make the sick person well* (James 5:14-15) A person had chronic disease and the <u>healer</u> told him you have not forgiven one of your relative in back country, first you forgive him from heart then you'll get healing. He did so and got healing after 10 years!
- iv) Your own faith when you pray, believe that you receive them (Mark 11:24)
  - a) Unshakable faith not like Peter walking on water then stumbled. (Matthew 14:29-31)
  - b) If less faith, ask God to increase I do believe, but help me overcome my unbelief. (Mark 9:24)
  - c) Don't ask against God's plan- he gave them what they wanted but later you destroyed them.(Psalms 106:15)
- v) Acceptable attitude if we are ready to receive-The Lord opened her heart to pay attention (Acts 16:14)
- vi) Thanksgiving especially after healing Praise the LORD, my soul; all my inmost being, praise His holy name, who forgives all your sins and heals all your diseases. (Psalm 103:1,3)

In everything give thanks; for this is God's will for you in Christ Jesus. (1 Thessalonians 5:18)

- vii) Medicines-a) Without God's help. In his disease he did not seek the LORD, but sought help from physicians.(2 Chron16:12)
  - b) Under God's plan/with prayer *Isaiah had said "Make an ointment from figs and spread it over the boil, and Hezekiah will recover."* (Isaiah 38:21)
  - c) Precautions-Get all the advice and instruction you can, so you will be wise the rest of your life.( Prov. 19:20)
  - d) Doctor's advice *My son, pay attention to what I say; who find health.* (Proverbs 4:20,22) (All authors of Bible books were Jews except 2 books- Acts and Gospel of Luke- written by a non-Jewish person- doctor Luke)
- viii) Manageable/bearable under God's plan like Paul's thorn; eye disease- (2 Cor. 12:7-9);(Gal 4:14-15) Dr. Imam-ud-Din Shahbaz –who made poetic rhythm of Psalms in Punjabi during his blindness.
- ix) You can struggle!-like Jacob -he wrestled with the angel and won. He wept, and sought favor from Him. (Hosea 12:4)
- x)) Obstacle-not receptive-they were ill, I humbled, with fasting.. my prayers returned to me unanswered. (Psalm 35:13)
- xi) Advantage My suffering was good for me that I may learn your commandments. (Psalm 119:71)

<u>Salvation</u> – They have defeated him by the blood of the Lamb and by their testimony. (Revelation 12:11)

Concluding – Healing from a disease, first your confession/faith then others prayer.

Please check the 'section' related to your disease and take guidance from God. [Ross Nazirullah]